Crate training takes some time and effort, but it is a proven way to help train dogs who act inappropriately without knowing any better. If you have a new dog or puppy, you can use the crate to limit his access to the house until he learns all the house rules—like what he can and can’t chew on and where he can and can’t eliminate. A crate is also a safe way of transporting your dog in the car or taking him places where he may not be welcome to run freely. If you properly train your dog to use the crate, he’ll think of it as his safe place and will be happy to spend time there when needed.

Selecting a Crate

Crates may be plastic (often called “flight kennels”) or collapsible, metal pens. They come in different sizes and can be purchased at most pet supply stores. Your dog’s crate should be just large enough for him to stand up and turn around in. If your dog is still growing, choose a crate that will accommodate his adult size. Block off the excess crate space so your dog can’t eliminate at one end and retreat to the other.

The Crate Training Process

Crate training can take days or weeks, depending on your dog’s age, temperament, and past experiences. It’s important to keep two things in mind while crate training: The crate should always be associated with something pleasant, and training should take place in a series of small steps. Don’t go too fast.

Step 1: Introducing Your Dog to the Crate

Place the crate in an area of your house where the family spends a lot of time, such as the family room. Put a soft blanket or towel in the crate. Bring your dog over to the crate and talk to him in a happy tone of voice. Make sure the crate door is open and secured so that it won’t hit your dog and frighten him.

To encourage your dog to enter the crate, drop some small food treats nearby, then just inside the door, and finally, all the way inside the crate. If he refuses to go all the way in at first, that’s okay; don’t force him to enter. Continue tossing treats into the crate until your dog will walk calmly all the way into the crate to get the food. If he isn’t interested in treats, try tossing a favorite toy in the crate. This step may take a few minutes or as long as several days.

Step 2: Feeding Your Dog His Meals in the Crate

After introducing your dog to the crate, begin feeding him his regular meals near it. This will create a pleasant association with the crate. If your dog is readily entering the crate when you begin Step 2, place the food dish all the way at the back of the crate. If your dog remains reluctant to enter the crate, put the dish only as far inside as he will readily go without becoming fearful or anxious. Each time you feed him, place the dish a little further back in the crate.

Once your dog is standing comfortably in the crate to eat his meal, you can close the door while he’s eating. The first time you do this, open the door as soon as he finishes his meal. With each successive feeding, leave the door closed a few minutes longer, until he’s staying in the crate for 10 minutes or so after eating. If he begins to whine to be let out, you may have increased the length of time too quickly. Next time, try leaving him in the crate for a shorter time period. If he does whine or cry in the crate, it’s imperative that you not let him out until he stops. Otherwise, he’ll learn that the way to get out of the crate is to whine, so he’ll keep doing it.

continued on reverse side
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